

Empowered Calling



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Getting to Know You

Name _____ Spouse _____

Children's Name and Ages:

Mobile Phone: _____ Email: _____

Mobile Phone: _____ Email: _____

Preferred Method of Communication (text, email, phone)

Address: _____

Occupation: _____

Occupation: _____

Emergency Contact _____ Relationship _____

Phone _____

How did you hear about me?

Background Information:

1. What should I know about you or your child's background that you believe will help me understand and support you or your family?

2. What type of services has your child received before? (counseling, physical, occupational, or speech therapy, school based services, etc.)

3. When was your child adopted? How old were they when they were adopted? Did they spend time in foster care?

4. Is there anything else I should know?

Your goals

Working with a coach generates accelerated personal growth. Most clients use a coach to accomplish several specific goals.

1. What are the 1-3 most important things you'd like to accomplish as we work together? Please be specific.

2. What habits, activities, or thoughts processes do you believe need to be dropped, simplified or let go of, in order to truly move forward, quickly?

3. What, if anything, is likely to get in the way or prevent you from accomplishing any of these things?

4. What motivates you?

5. What's the most important thing you need from me as we work on these objectives?